Personal Reflection Guide

My Job: Am I Grumpy, or Grateful?

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HOPE

(Vac vav de bave to find COMETI IINO vav'd mice)	
(Yes, you do have to find SOMETHING you'd miss.)	
ame (or initials)of an individual you are blessed to know because of your cone you wouldn't have met otherwise. Why are they a blessing to you?	
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H.O.P.E.

You have a skill you apply every day at your jobprobably more than one. Allow yourself to be proud of these skills. Write down at least three.	T to Col also
What are you able to have or do because of the income you make, that you would struggle to do if you did not have this job?	

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Write a statement of gratefulness for your job or workplace, incorporating the thoughts you've already written.	H.O.P.E.

